

The Facts About Obesity



- 58 Million Overweight; 40 Million Obese; 3 Million morbidly Obese
- Eight out of 10 over 25's Overweight
- 78% of Americans not meeting basic activity level recommendations
- 25% completely Sedentary
- 76% increase in Type II diabetes in adults 30-40 yrs old since 1990

Cost of Lost Productivity

- Workdays lost: \$39.3 Million
- Physician office visits: \$62.7 Million
- Restricted Activity days: \$29.9 Million
- Bed-Related days: \$89.5 Million

Childhood Obesity Running Out of Control

- 4% overweight 1982 | 16% overweight 1994
- 25% of all white children overweight 2001
- 33% African American and Hispanic children overweight 2001
- Hospital costs associated with childhood obesity rising from \$35 Million (1979) to \$127 Million (1999)

Obesity Related Disease Costs Overwhelm HealthCare System

- Type II Diabetes (\$63.14 Billion)
- Osteoporosis (\$17.2 Billion)
- Hypertension (\$3.23 Billion)
- Heart Disease (\$6.99 Billion)
- Post-menopausal breast cancer (\$2.32 Billion)
- Colon Cancer (\$2.78 Billion)
- Endometrial Cancer (\$790 Million)